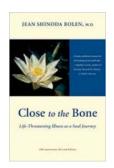
Skye Wentworth, Book Publicist

HFAITH



Close to the Bone: Life-Threatening Illness as a Soul by Jean Shinoda Bolen, Conari Press.

The bestselling author of *Goddesses in Every Woman* sheds light on the experiences of the seriously ill, and shows how facing mortality can be a life-transforming process. Patients, their caretakers, and their loved ones will all reap tremendous benefits from this spiritual but pragmatic book.

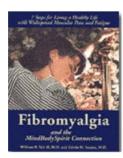


The Yoga Facelift: The All-Natural, Do-It-Yourself Program for Looking Younger and Feeling Better, Marie-Veronique Nadeau, Conari Press.

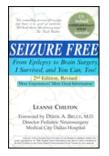
Forget BOTOX. Don't even think of invasive and potentially dangerous plastic surgeries. Ditch the collagen. And enter the stress-free, effective world of Nadeau's restorative yoga therapy.

Fibromyalgia and the MindBodySpirit Connection, William Salt II, M.D. and Edwin Season, M.D., Parkview Publishing.

William Salt and Edwin Season are medical doctors who draw upon their many years of practice to outline "7 Steps for Living a Healthy Life with Widespread Muscular Pain and Fatigue", and to explain the impact of psychological and spiritual well-being for Fibromyalgia sufferers. The book is written for the lay reader, and to help Fibromyalgia patients to better understand



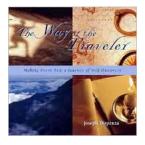
the core of their condition and take positive steps to reverse those factors that are within their control.



Seizure Free: From Epilepsy to Brain Surgery, I Survived, and You Can, Too! Leanne Chilton, English Press.

A huge social stigma has been attached to people living with neurological disorders as well as to brain surgery. *Seizure Free* not only exemplifies one woman's determination to succeed, it also negates the perceived limitations of people living with disabilities.

TRAVFI



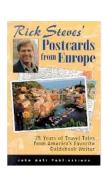
The Way of the Traveler: Making Every Trip a Journey of Self-Discovery by Joseph Dispenza, Avalon Travel Publishing.

Every time we leave home and go to another place, we open up the possibility of having something wonderful happen to us. When we move out of the familiar here and now, we set in motion a series of events that, taken together, bring about changes at the very root of our being. And it is

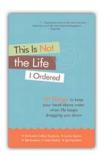
time to change.

Rick Steves' Postcards from Europe: 25 Years of Travel Tales from America's Favorite Guidebook Writer, Rick Steves, Avalon Travel Publishing.

In Postcards from Europe, prolific guidebook author and public television host Rick Steves relates a recent trip across the heart of Europe. Departing from the guidebook format, Steves tells his story through Europe's people, often comparing a Europe he first came to know two decades ago with the one he sees today, a continent in flux.



SELF HELP



This Is Not the Life I Ordered: 50 Ways to Keep Your Head Above Water When Life Keeps Dragging You Down, Deborah Collins Stephens, Michealene Cristini Risley, Jackie Speier, Jan Yanehiro, Conari Press.

If you've ever felt overworked, overwhelmed, or just plain unlucky, this book is for you. Through this collection of stories, wisdom, and practical advice, readers will meet four ordinary women who

have faced extraordinary life challenges. Together, they have a history of six marriages, ten children, four stepchildren, six dogs, two miscarriages, two cats, a failed adoption, and foster parenthood. One of them was shot and left for dead on a tarmac in South America and two have lived through the death of their spouses.

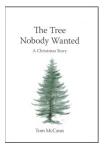
Wise Secrets of Aloha: Learn and Live the Sacred Art of Lomilomi Harry Uhane Jim and Garnette Arledge, Weiser Books.

Wise Secrets of Aloha is as simple as it is profound, as contemporary as it is ancient. It is true to Hawaiian esoteric teachings and available to all who bring the right attitude. Aloha calls. Listen in the splash of waves, in the breeze-- the air is filled with aloha. All the abundance, joy, and freedom from old wounds



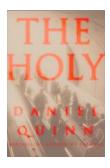
readers have ever yearned for can be found by adopting the aloha spirit.

FICTION



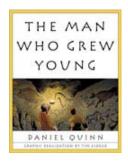
The Tree Nobody Wanted by Tom McCann, Exeter Press Boston.

The Tree Nobody Wanted is a tender, nostalgic tale, set in post World War II Brooklyn, and told by 11 year old Thomas, who lives with his grandmother in a cold-water flat overlooking the El train. Thomas and Nanny have so little in the way of worldly possessions, but have all that really matters – love and each other.



The Holy by Daniel Quinn, Context Books.

Quinn's critics have faulted his earlier novels for being too didactic. In *The Holy*, he seamlessly integrates his philosophical concerns -- about consumerism, the environment, the pitfalls of religious faith -- into a profoundly satisfying story, both grand and intimate, that bristles with excitement.



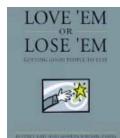
The Man Who Grew Young by Daniel Quinn, Context Books.

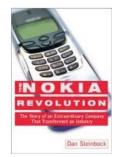
What's going to happen when the universe comes to the end of its string? Like a cosmic yo-yo, it's going to start traveling back UP the string, to its beginning—and every life that has ever been lived will be lived again: in reverse. The strangest adventure to be found in this backward-running universe is that of Adam Taylor, whose epic quest through time cannot end until he finds his way into the womb that gave birth to us all.

BUSINESS

Love 'Em or Lose 'Em: Getting Good People to Stay by Beverly Kaye & Sharon Jordan-Evans, Berrett-Koehler Publishers.

Talented employees want development opportunities, meaningful work, and good bosses who communicate honestly and provide feedback. While most books on retaining employees address senior leaders and human resource professionals, this one speaks to those who can actually make a difference in keeping good workers -- managers and supervisors.

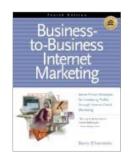




The Nokia Revolution: The Story of an Extraordinary Company that Transformed an Industry by Dan Steinbock, AMACOM.

The Nokia Revolution offers a comprehensive study of this extraordinary company's strategic history. It explores its origins in forestry, rubber, and cable; its rise as an industrial conglomerate; and its growth strategy as a European technology. It details how the company created and evolved a globalization strategy from

existing capabilities. And, it analyzes Nokia's preparation for the mobile information society.



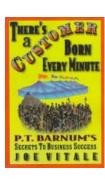
Business-to-Business Internet Marketing by Barry Silverstein, Maximum Press.

This practical yet forward-thinking blueprint for success goes a step further than other Internet marketing books by focusing on how to enhance the business-to-business segment of direct marketing through the Internet. Internet marketers will learn proven strategies for increasing profits such as generating leads with e-mail, using Internet events for marketing, and building

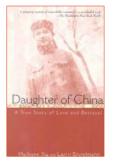
customer relationships.

There's a Customer Born Every Minute: P.T. Barnum's Secrets to Business Success by Joe Vitale, AMACOM.

Here is the first book to explore P.T. Barnum's extraordinary genius for making money. It follows his fascinating and wildly varied careers revealing the business tactics he employed each step of the way. By following Barnum's lead, readers will learn to stretch their minds, grow their businesses, line their wallets . . . and have some fun in the process.



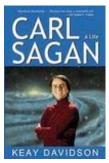
BIOGRAPHY



Daughter of China: A True Story of Love and Betrayal by Meihong Xu and Larry Engelmann, John Wiley & Sons.

Meihong Xu joined China's People's Liberation Army at age 17 and shares her account of being an elite member, her forbidden love for an American professor, and her seemingly impossible escape from the government to which she had pledged her life.

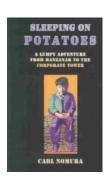




Balancing popular myth with scientific history, this even-handed biography examines the life and work of Carl Sagan. Beginning with an analysis of how his close relationship with his eccentric mother shaped his career development and married life, the book details the professional and personal journeys of this scientist who gained world recognition as both a popularizer of astronomy and a scientific visionary.

Sleeping on Potatoes: A Lumpy Adventure from Manzanar to the Corporate Tower by Carl Normura, Erasmus Books.

With charm and gusto, Nomura tells an American story both heart-breaking and humorous, from his father's immigration to the U.S. in 1898 to his own visionary work in the field of semiconductors. The path leads from Japan to Seattle, Montana, and California, including Manzanar Relocation Facility, a dusty "hell on earth" in the high desert for 10,000 Japanese Americans during World War II.



CHILDREN'S LITERATURE



The Anastasia Book Series by Lois Lowry, Random House.

The Anastasia Series (*Anastasia Krupnik, Anastasia, Asbolutely, Attaboy, Sam!*) follows with poignant humor the exploits of the precocious adolescent, Anastasia, and her brother Sam, and their artistic parents.

Junie B. Jones Book Series by Barbara Park, Random House.

Junie B. Jones just can't help getting into all kinds of scrapes. After all, going to school, and having to ride the smelly old school bus, and making new friends isn't easy. No matter how mixed-up things get, one thing's for sure – you'll have a good laugh reading about Junie's adventures in kindergarten and first grade. This series includes 27 titles such as, Junie B. Jones Smells Something Fishy, Junie B. Jones Has a Peep in Her Pocket and Junie B. Toothless Wonder.





Magic Tree House Book Series by Mary Pope Osborne, Random House.

The Magic Tree House series draws readers irresistibly into the adventures of the brother and sister team Jan and Annie as they travel through time and around the world. *High Time in Hawaii* is the latest book (number 28) in the series.